

Not Your Average Joe's Kitchen and Bar - Common Allergens

		Common Allergens								
		Egg	Fish	Milk	Peanuts	Shellfish	Soy	Tree nuts	Wheat	Sesame
Starters	Cheese Steak Egg Rolls	X	X	X			X		X	
	Buffalo Chicken Egg Rolls	X	X	X					X	
	Southwest Chicken Egg Rolls	X	X	X					X	
	Ahi Tuna Wontons (on wontons)	X	X	X			X		X	X
	Ahi Tuna Wontons (on cucumbers)	X	X				X		X	X
	Buffalo Caribbean Chicken Tenders	X	X	X					X	X
	Chicken Wings - Joe's Buffalo	X	X	X					X	
	Chicken Wings - Korean BBQ	X	X	X		X	X		X	X
	Chicken Wings - Sweet Chili	X	X	X					X	
	Whipped Feta Dip	X		X					X	X
	Thai Chicken Lettuce Wraps	X	X				X	X	X	X
	Chicken Dumplings		X				X		X	X
Soups & Salads	New England Clam Chowder		X	X		X			X	
	Tomato Basil Soup			X						
	French Onion Soup			X			X		X	
	Not Your Average House Salad			X					X	
	Classic Caesar	X	X	X			X		X	
	Super Crunch							X		X
	Cobb	X		X						
	Ahi Tuna*		X				X		X	X
	Waldorf	X		X				X		
	Southwest Salad	X		X					X	X
	Thai Noodle Salad	X	X		X	X	X	X	X	X
	Add Grilled Chicken									
	Add Grilled Salmon		X							
	Add Shrimp					X				
	Add Grilled Sirloin Tips									
Salad Dressings	Balsamic Vinaigrette (3 fl oz)									
	Creamy Sherry Vinaigrette (3 fl oz)	X								
	Orange-Sesame Vinaigrette (3 fl oz)									X
	Buttermilk Ranch (3 fl oz)	X		X						
	Blue Cheese (3 fl oz)	X		X						
	Santa Fe Ranch	X		X						
	Sesame Ginger Vinaigrette	X	X			X	X		X	X
	House Lemon Vinaigrette									
	Caesar (3 fl oz)	X	X	X			X			

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<u>Mains</u>	Mustard-Crusted Chicken			X					X	
	Sirloin Tips*			X						
	Petite Surf & Turf*			X		X				
	Teriyaki Salmon*	X	X			X	X		X	X
	Simply Grilled Salmon* (<i>steamed broccoli & jasmine rice</i>)		X							
	Korean Beef & Noodle Bowl	X	X			X	X	X	X	X
	Orange Chicken	X	X	X			X		X	
	Jose's Burrito Bowl	X		X					X	
	Chicken Piccata			X					X	
	Herb-Crusted Haddock	X	X	X					X	
	Ahi Tuna Poke Bowl	X	X	X		X	X		X	X
	Four-Cheese Mac & Cheese		X	X					X	
	Creamy Linguini Carbonara	X		X					X	
	Veggie Harvest Bowl			X				X		
	BBQ Meatloaf	X	X	X		X	X		X	
	Fish & Chips	X	X	X			X		X	
	Jambalaya		X	X		X	X			
	Chicken Parm	X		X					X	
<u>Sides</u>	French Fries	X	X	X			X		X	
	Sweet Potato Fries	X	X	X			X		X	
	Jasmine Rice Pilaf			X						
	Roasted Brussels Sprouts			X						
	Glazed Carrots			X						
	Mashed Potatoes			X						
	Green Beans			X						
	Cole Slaw	X		X						
	Steamed Broccoli									
	Sauteed Spinach									
	Side House Salad (no dressing)			X					X	
	Side Caesar Salad	X	X	X					X	
<u>Burgers & More</u>	The Burger (<i>no added toppings included, w/fries</i>)	X	X	X			X		X	X
	Bacon Jam Wagyu Burger (w/ fries)	X	X	X			X		X	X
	That's Fire Burger (w/fries)	X	X	X			X		X	X
	The Turkey Burger (w/fries)	X	X	X					X	X
	Mustard-Crusted Chicken BLT (w/ fries)	X	X	X			X	X	X	
	Cape Cod Reuben (w/fries)	X	X	X			X		X	
	Hot Honey Fried Chicken Sandwich (w/fries)	X	X	X			X		X	X
	French Dip (w/fries)	X	X	X			X		X	
	Grilled Portobello Sandwich (w/fries)	X	X	X					X	
	Chicken Caprese (w/fries)	X	X	X			X	X	X	
	Chicken Caesar Wrap (w/fries)	X	X	X			X		X	
	Buffalo Chicken Wrap (w/Fries)	X	X	X			X		X	X
	Grilled Cheese & Tomato Soup			X			X		X	X
	Turkey Avocado Club (w/fries)	X	X	X			X		X	
<u>Pizzas</u>	Classic Cheese	X		X					X	
	The Margherita	X		X					X	
	Buffalo Chicken	X		X					X	X
	The Works	X		X			X		X	
	Santa Fe	X		X					X	

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<u>Desserts</u>	Peanut Butter Thing			X	X		X		X	
	Carrot Cake	X		X				X		
	Choc. Chip Cookie Explosion	X		X			X		X	
	Crème Brulee	X		X						
	Chocolate Chocolate Mousse	X		X			X		X	
<u>Kids</u>	Kid Chicken Tenders	X	X	X			X		X	
	Kid Mac And Cheese		X	X			X		X	
	Kid Pizza	X		X					X	
	Kid Pasta Plain								X	
	Kid Pasta with Butter			X					X	
	Kid Pasta with Sauce								X	
	Kid Grilled Cheese			X					X	X
	Kid Quesadilla			X					X	
	Kid Cheeseburger	X		X			X		X	X
<u>Bread & Oil</u>	Bread And Oil For Table (Full Portion)			X					X	
<u>Gluten Sensitive</u>	Ahi Tuna on Cucumber	X	X							X
	Super Crunch							X		X
	Cobb	X		X						
	Waldorf	X		X				X		
	Mustard Crusted Chicken	X		X			X			
	Sirloin Tips			X						
	Petite Surf & Turf*			X		X				
	Veggie Harvest Bowl			X				X		
	Creamy Carbonara	X		X						
	Mac & Cheese Entrée		X	X						
	Chicken Piccata	X		X			X			
	Chicken Parm	X		X			X			
	Herb-Crusted Haddock	X	X	X			X			
	Jambalaya		X	X		X	X			
	Grilled Salmon		X							
	The Burger (no added toppings, no side)	X	X	X						
	Grilled Portobello Sandwich (no side)									
	Mustard Crusted Chicken BLT (no side)	X		X			X			
	Grilled Chicken Caprese (no side)	X		X						
	Turkey Avocado Club (no side)	X		X			X			
	Bacon Jam Wagyu Burger (no side)	X		X						
	GF Pizza Crust	X		X						
	Kid Mac & Cheese		X	X			X			
	Kid Pasta Plain									
	Kid Pasta with Butter			X						
	Kid Pasta with Sauce									
	Kid Cheeseburger (no side)	X		X						
	Carrot Cake	X		X				X		
	Crème Brulee	X		X						
	Gluten-Free Roll And Oil For One Person	X		X						